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Father's Day 2016

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The Official Newsletter of Parents and Friends of Ex-Gays and Gays

Thankful for Our Fathers

My sister found this picture of our Dad last week . . . what a wonderful treasure! Our Dad was killed when I was only 5 years old. Like many other folks who have lost a father through death or divorce, it is a loss that I question and carry with me for life.

I missed my Father terribly while growing up. I tried to remember how he looked and all the special times we spent together. Having this picture to look at now helps to bring back some of those cherished moments. Speaking from my own experience, our Fathers are vitally important, and we need to honor them (and their memories) on this Fathers Day.

Fathers Day was not recognized as an official holiday until June 1972. It has been celebrated on the third Sunday in June ever since. On Father's Day, we celebrate and honor our fathers and our paternal bonds. The influence of fathers in today's society should be viewed as a positive gender role model for both men and women. Fathers we love and appreciate you!

I want to encourage each of you to take time this Fathers day to remember and celebrate your Father, Grandfather and all the men who were a positive roll model in your life. Make a personal phone call on Fathers day to let the men in your life know how much they matter to you. For those of us whose



Fathers have passed away, let's take the time to pray that they are walking with the Lord and watching over you.

For the Dad's who are serving in our military and can't be at home right now . . . know that your wives and children are very proud of you and the sacrifices you have made to protect us and our nation.

To all the Fathers out there, I want you to know that your children may not always remember what you tell them, but they will always remember how you interacted with them.

Your sons look to you for guidance on how to become a mature and healthy male.

Your daughters will judge their

relationship with men by their relationship and interactions with you. Knowing what to expect from Dad concerning life's issues, and the trials your children will encounter in life, gives them the basis on which to make healthy decisions.

A Father's role has many facets. He is often seen as the family provider. Dad, we love and appreciate all your years of hard work, and the time after work that you took to spend with us.

Society is changing . . . it has "evolved," but not all these changes have been good for the family. Seeing a responsible,

caring man as the head of the household, as a protector, and one who loves his wife (and appreciates her as the mother of his children and a homemaker) is a good thing.

Respecting and upholding men who live out their positive and traditional roles as Fathers, allows our sons and daughters to understand and respect the importance of both sexes (male and female—fathers and mothers) and to appreciate their roles as parents. Loving fathers, model healthy relationships. They prevent gender confusion as sons and daughters learn to respect their father as a male and mother as a female.

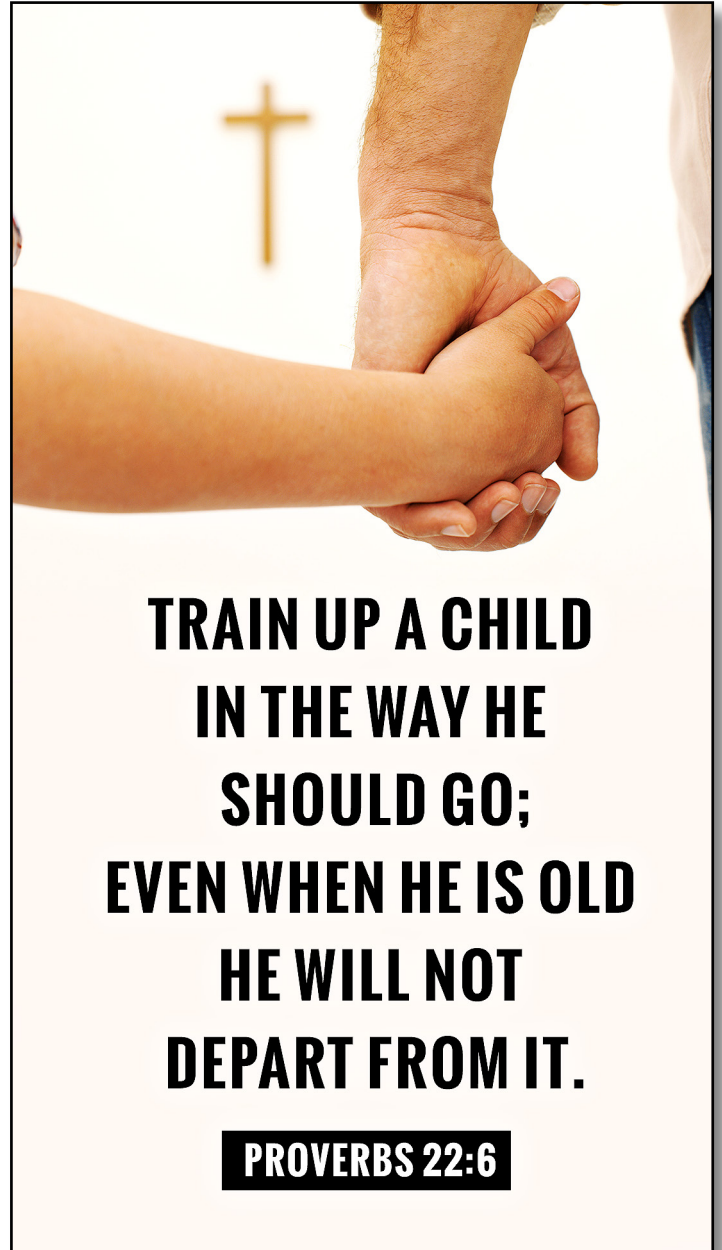
Fathers: remember what *your* Dad's taught you, and teach your sons to respect and protect females. Teach your daughters that they are special, and teach them to respect men as a viable part of their life and future. Start teaching these lessons at an early age. Remind your children throughout life that we are created male and female—made in the image of God—and to love and respect each another as one of God's creations.

All of you who are Fathers face a huge undertaking—to be the man God has called you to be in today's fractured world. We want you to know that we love you, and we proudly recognize you on this Fathers Day. God bless you!

Sincerely,

Regina Griggs
Executive Director

P.S.—Please prayerfully consider making a one-time gift (or a regular monthly gift) to make all that PFOX can do in 2016 possible? To give online, visit www.pfox.org and click on the red "Make a Donation" button in the upper right-hand corner or mail your check in the enclosed envelope.



**TRAIN UP A CHILD
IN THE WAY HE
SHOULD GO;
EVEN WHEN HE IS OLD
HE WILL NOT
DEPART FROM IT.**

PROVERBS 22:6

Family & Friends Prayer List: Mary Beth, Tom, Sean, Stan, Christopher, Lucas, Beth, Elaine, Joshua, Benjamin, Hampton, Cheryl, Stacy, Carol, Mattie, Nicole, David, Bob, Rose, Steve, Ronald, James, Madeline, Jesus, Rick, Gary, April, Maureen, Jen, Michael, Eric, Allen, Sara, Damon, Sam, Matthew, Deborah, Corey, James, Jeffery, Melanie, Stan, Brooke, Lisa, Emily, Tyler, Jim, Chad, Brett, Charles, Brian, Jerome, Pamela, Kelly, Tim, Roger, Gaetano, Christian, Judy, Michael, Monte, Gary, Karen, Hillary, Stephan, Brooke, Terri, Elise, Joseph, Vickie, Tricia, Paul, Toby, Sandy, Brian, Larry, Alan, Christian Tom, Delores, Mark, Tara, Angela, Jessica, Dawn, Alicia, Jason, Frank, Paul, Edward, Maria, Mario, Michelle, Connor, Angela, Carl Jr., Marcus, Brandon, Gaylon, Edmond, Keshia, Shannon, Paige, Melissa, Donny, William, Wendall, Leno, Mandy, Andy, E., Erik, Lauren, Chris, Todd, Jayson, Carl III, Steve, Zachary, Kelly, Toby, Cody, Dylan, Wayne, Tom, Jeff, Walt, Cayce, Tim, David, Charles, Edward, Matt, Marc, Heather, Gary, Bill, John, Jeremy, Jen R, Cindy, Karen, Brian, Shellie, Pattie, Emily, Carrie, Alicia, Michelle, Bruce, Rebecca, Suhmin, Phil, Bryce, Ethan, Doug, Tom, Nick, Harold, Kent, Glenn, Rob and Heath, Angela, Julia, Wess, Christine, Catherine, Jeremy, Katie, David, Troy, Mike, Lisa, Bruce, James, Mary, Samantha, Victoria and Buddy, Christopher A., Jeramie C., Adam C., Christopher K., Perry N., Eric, Missy, Nathan, Michelle, Joe and Idario, Miranda Marie, Sarah, Seth and Rob, Kent, Tim.