



The official newsletter of Parents & Friends of Ex-Gays and Gays

Christmas 2009



Celebrate His Birth!

And it came to pass in those days, that there went out a decree from Caesar Augustus that all the world should be taxed. And all went to be taxed, every one into his own city. And Joseph also went up from Galilee, out of the city of Nazareth, into Judaea, unto the city of David, which is called Bethlehem; (because he was of the house and lineage of David:) To be taxed with Mary his espoused wife, being great with child.

And so it was, that, while they were there, the days were accomplished that she should be delivered. And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger; because there was no room for them in the inn.

And there were in the same country shepherds abiding in the field, keeping watch over their flock by night. And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them: and they were sore afraid.

And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Saviour, which is Christ the Lord. And this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger.



And suddenly there was with the angel a multitude of the heavenly host praising God, and saying, Glory to God in the highest, and on earth peace, good will toward men.

And it came to pass, as the angels were gone away from them into heaven, the shepherds said one to another, Let us now go even unto Bethlehem, and see this thing which is come to pass, which the Lord hath made known unto us. And they came with haste, and found Mary, and Joseph, and the babe lying in a manger.

(Luke 2:1-16 KJV)

Parent Talk

Christmas is the time of year we spread the good news of the birth of Jesus. We celebrate the past, present and our hopes for the future with family and friends. At this time of year, there seems to be sincere believe in the need for world peace, the importance of family and friends, and sharing love with all you know.

As we grow older many things change; it is a time for revisiting old memories and making new ones. We look back at the events and year behind us and hope for the new one, just days away.

Our family enjoys watching Christmas movies, listening to Christmas music and making all the special goodies that our loved ones enjoy. We gather around the kitchen island, the center of our home, visiting and munching as food is prepared.

For some, Christmas is a challenge, deciding what to do or say when a prodigal

wants to bring home a same-sex partner. The time for discussion should not be met with anger or fear about what others might say or think but with what your heart tells you. Often we allow ourselves to get caught up in doing the so-called "right thing," the politically correct way to handle things or what we perceive the church is leading us to do.

I believe the answer is not as difficult as it seems; praying about any decision and taking time to know what is right for you doesn't happen spontaneously. Having been caught off guard with no time to think things through, I learned the only way to avoid being put in a no-win position is to address things well in advance. Holidays, birthdays and special events are generally known well enough in advance.

It's important to establish your comfort zone and rules, and discuss them in lovingly

well in advance. Establishing ground rules at the last minute can lead to anger and frustration, a no-win situation for everyone concerned. First think through what you are comfortable with, then discuss it with

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Give Back by Helping Others

This is my story. I hope it gives the Lord Jesus glory. I was about 17 years old when I decided to move to a city in Maine. One sunny day I left home with a suitcase and started to hitchhike across the state. To my surprise, I got there; my first stop was at a gay bar. I think I stayed at a friend's house that night. As time went on, I moved to that city, where I lived about five years.

I met this transgender person at a nightclub one night, and thought this the most beautiful person I ever saw. We introduced ourselves and became best friends.

One day my friend told me about an endocrinologist who would see you in his office and talk with you to see if you are a candidate to live your life as a woman (transsexual). If so, he would write you a prescription for female hormones. The day I saw the doctor, he wrote my prescription. I was about 18 years old when I started them.

After about a year and a half my breasts started to look like a girl's going through puberty. I was so excited; I felt as though I was turning into the person I always wanted to be. I was not aware that I was listening to the devil saying, "You're a girl trapped in a man's body." I thought I was hearing myself.

I later moved from Maine to Boston, Mass., where I got involved with drugs, drinking, and prostitution. I had breast

implants for 15 to 16 years.

After about 18 years living in Boston, I wanted a new move. Who knew it would be back to Maine? I started doing the same things there, adding heroin, OxyContin, and methadone.

One day I got into a fight with a friend and it shocked me when she pushed me down a very large flight of stairs. When I stood up at the bottom of the stairs, I thought, "Wow God had to have been with me." There were no broken bones but I was in so much pain, it kept me in bed for a while.

One day while I was in bed, something or someone sat me up. I was puzzled because I did not use my hands or arms to sit up. I thought, "Wow, I feel like I have sold my soul to the devil because I have to go to a methadone clinic in order to function."

I thought deeply, then started talking to God. I said, "God, if I could just get through three days of not going to the clinic ... I could not go back anyway because I would be

breaking the contract I signed with them."

To my surprise, God got me through those three days. It was very hard for me, going through withdrawal, muscle spasms and pain.

One day while I was in a wheelchair at the hospital, a little old woman walked up to me and asked, "Do you know Jesus?" I lied to her and said yes.

For some time after that, I kept hearing in my head, "Do you know Jesus?"

Finally I said, "Well, I know of him but do I really *know* him?"

I started watching Trinity Broadcast Network (TBN) and eventually said the sinner's prayer, but did not feel any better nor different. I was somewhat upset and said, "Well, God,

now that you live in me why don't I feel any different?" I got back in bed, stared at the ceiling and talked to God.

I asked God three questions and turned to the television, where Paula White was on preaching God's Word. To my shock, Paula's face was magnified to the size of a normal person's head and God answered the three questions I had just asked him. During this, I could see living water moving around Paula's head. I was in awe.

Then God reached His hand down from Heaven and pulled 41 pictures in front of my face. He showed me from the time I was born until that moment with Him. Every picture was a living motion picture for every year that I had ever lived.

He said, "This is you growing, developing and changing. Honey, this isn't you, this is what the devil has done to you."

I was in awe! I could really feel His breath on my face when He talked to me. His breath alone said, "Love, preciousness, tenderness, mercy, and grace; those are the words of truth."

He baptized me with his Spirit in October 2005 and set me free from all the drugs,

Honey, this isn't you, this is what the devil has done to you.

God, speaking to Jeffrey

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your spouse and other family members, as they will also be affected by your decisions. Unconditional love must always be stated and clearly felt by parent and child. That does not mean we will agree but allows us the freedom of differences, love and respect for one another despite those differences.

A few years ago, God spoke to me about the importance of thinking things through when making decisions about my child's partner. I thought not allowing a same sex partner in the home must be adhered to, not leaving any room for doubts about my disapproval.

A few years later I was driving along – not a care in the world – when a voice spoke to me. In an authoritative way, He said, "Get over yourself. Your child's homosexuality is not a punishment or sin against you. You must love all my children. Your child is no more nor less than any of my children; quit

blaming others."

This took place before I started ministering to families. I needed to have a heart for all who struggle and have a prodigal.

Like most parents, it's easier to judge others; the old adage "It takes two..." comes to mind.

I felt lead to share this with you at Christmastime to remind us of God's love for all His children.

There is no magic word or prayer to cause anyone to change the life they chose to live. We can decide how to respond; we can let go and let God bring home the prodigal in His time. In the mean time, love your child. Don't be afraid to state your love, give hugs and kisses, reminisce about childhood memories, and make new Christmas memories this year.

Blessings
Regina

See "Jeffrey"
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Giving Thanks

As the year end approaches I want to thank all of you who supported PFOX financially and prayerfully.

PFOX made a commitment years ago to dedicate its time and resources to prevent the destruction of families and the indoctrination of our youth. You can count on PFOX to stand up and be counted; we will not give in or give up. We are grateful for all that we accomplished this year.

- PFOX provides online support groups and a blog site for families and friends. We established new chapters across the country to provide face-to-face support.
- PFOX attended numerous conferences throughout the United States, handing out close to 20 thousand brochures and testimonies, and distributing ex-gay educational brochures and resources in the U.S. and Canada.
- PFOX precedent-setting Washington, D.C. lawsuit established legal protection for ex-gays under sexual orientation laws.
- At a Pepsi stockholders meeting,

ex-gay Greg Quinlan spoke to their board of directors asking them to stop funding anti-ex-gay events. <http://pfox.org/pepsi-shareholders-stop-funding-hate.html>.

- During Lobby Days, PFOX assembled ex-gays from across the U.S., educating Congress about the ex-gay community and that change is possible.
- PFOX developed a Gender Identity Brochure educating people about gender identity disorder.
- PFOX challenged the American Library Association, which violated its own code of ethics by refusing to place ex-gay books in our nation's school libraries but provided gay books for them. <http://www.foxnews.com/story/0,2933,569135,00.html>.
- The PFOX Billboard in Richmond, Va. reached thousands with the message that change is possible. See billboard at www.pfox.org.
- Provided resources to more than 200 people who contacted PFOX seeking information on overcoming homosexuality.

- PFOX was reappointed to serve another two years on the Civil Action Committee (CAC) in Montgomery County (Md.) schools, where PFOX served continuously since 2002.
- PFOX provided resources to thousands of students and reminded Montgomery County that tolerance is a two-way street and ex-gays ok.
- PFOX board member Peter Sprigg is currently serving a third term on the health education committee in Montgomery County Md.
- PFOX conducted over 100 media interviews throughout the United States and foreign countries, providing hope and the fact that sexual orientation can change.

PFOX is an all volunteer organization with only a 40k budget. What other organization forfeits salary for the common good ? Remember, know one does it but PFOX.

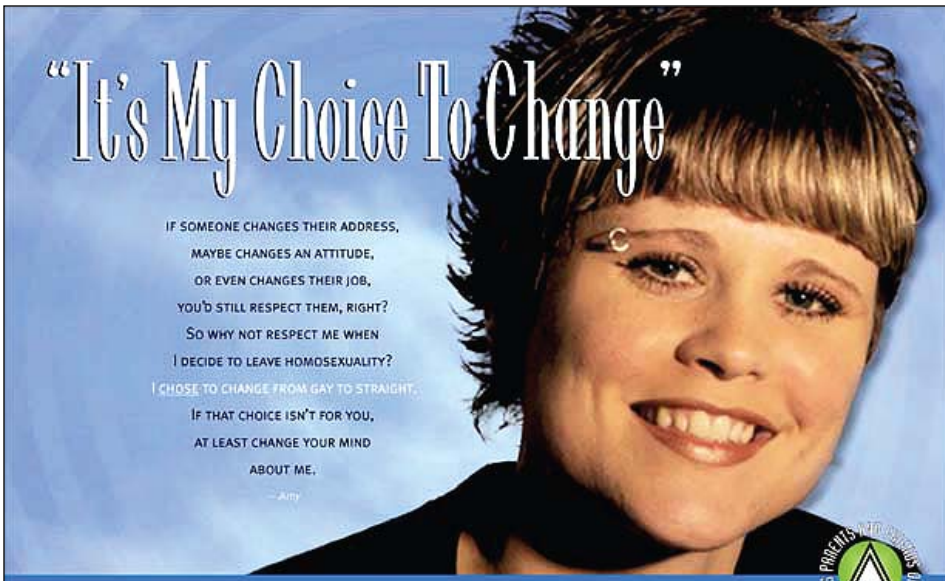
Please help us maintain and grow our list of accomplishments. Send your gift today so we can continue to volunteer our time and energy to help others.

May the wonders of the Season be in our hearts

Now and in the coming year.

Merry Christmas to our entire PFOX family!





Taking Notice

PFOX takes to the highway with a 44 ft billboard to get the message out, change is possible. Billboards reach people on both sides and it peaks their curiosity and the visit the PFOX website, we hope that those who struggle will take advantage of our resources and find hope. The public also visits the PFOX website and we hope they will use our information to reach out to hurting families and those who struggle with SSA.

One viewer sent this email:

Hi,

I saw your billboard on 95 South in Chesterfield, Va this morning. I was really surprised because as your website states, the gay community is so combative and intolerant of others' rights to express their views. I'm sure you receive plenty of mail discouraging you but keep up the good work.

I believe that homosexuality is a sin, but so is adultery and other sexual lust-sin is sin.

And any organization which supports the idea of moving out of sin is taking a step in the right direction – in my view.

God loves us, wants the best for us, but ultimately its our decision to obey or deny – and we reap the blessings or consequences of those decisions.

It would be great if the “Church” would embrace this line of thinking. Awareness is key. Because if many are like me, we tend to think that the vast majority of gays are lost to that lifestyle, but its encouraging to hear that thousands are turning from it. Its the church's job to embrace them, so keep getting the word out – inform us, because many of us can't relate.

Again, thanks for your hard work- and include me in any future petitions or other assertive efforts to support and encourage those deciding to leave the gay lifestyle. God Bless.

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drinking, prostitution, homosexuality, transsexualism, and depression. Praise God. He truly is the way, the truth and the life. Thank you, Jesus. I love You, my Lord and Savior.

I am now living as a man again and have been since 2006 God is quick; I am very grateful for Him.

Thanks for listening to my testimony from the Lord. He gave this to me, for his Glory. All things are possible to them that believe, amen. Remember, there is a way and His

name is Jesus.

If you don't know Him and would like His help, talk to Him; He is right there with you in spirit. Jesus is calling you and you did not read this by accident.

Jeffrey

Editor's Note: Jeffrey needs our help to surgically reverse the years of hormone medication and operations. If you would like to help Jeffrey, please send donations marked “For Jeffrey” to: PFOX, P.O. Box 510, Reedville, VA 22539. Thank you.

Current address

Please note our address: PFOX, PO Box 510, Reedville VA 22539. You can also reach us by telephone at 804-453-4737. Thank you.

Family and Friends Prayer List

Mary Beth, Tom, Sean, Stan, Christopher, Lucas, Beth, Elaine, Joshua, Benjamin, Hampton, Cheryl, Stacy, Carol, Mattie, Nicole, David, Bob, Rose, Steve, Ronald, James, Madeline, Jesus, Rick, Gary, April, Maureen, Jen, Michael, Eric, Allen, Sara,

Damon, Sam, Matthew, Deborah, Corey, James, Jeffery, Melanie, Stan, Brooke, Lisa, Emily, Tyler, Jim, Chad, Brett, Charles, Brian, Jerome, Pamela, Kelly, Tim, Roger, Gaetano, Christian, Judy, Michael, Monte, Gary, Karen, Hillary, Stephan, Brooke, Terri, Elise, Joseph, Vickie, Tricia, Paul,

Tobby, Sandy, Brian, Larry, Alan, Christian Tom, Delores, Mark, Tara, Angela, Jessica, Dawn, Alicia, Jason, Frank, Paul, Edward, Maria, Mario, Michelle, Connor, Angela, Carl Jr., Marcus, Brandon, Gaylon,

Edmond, Keshia, Shannon, Paige, Melissa, Donny, William, Wendall, Leno, Mandy, Andy, E., Erik, Lauren, Chris, Todd, Jayson, Carl III, Steve, Zachary, Kelly, Toby, Cody, Dylan, Wayne, Tom, Jeff, Walt, Cayce, Tim,

David, Charles, Edward, Matt, Marc, Heather, Gary, Bill, John, Jeremy, Jen R, Cindy, Karen, Brian, Shellie, Pattie, Emily, Carrie, Alicia, Michelle, Bruce, Rebecca, Suhmin, Phil, Bryce,

Ethan, Doug, Tom, Nick, Harold, Kent, Glenn, Rob and Heath, Angela, Julia, Wess, Christine, Catherine, Jeremy, Katie, David, Troy, Mike, Lisa, Bruce, James, Mary, Samantha, Victoria and Buddy, Christopher A., Jeramie C., Adam C., Christopher K., Perry N., Eric, Missy, Nathan, Michelle, Joe and Idario.

