



www.pfox.org ~ pfox@pfox.org

Parents and Friends of Ex-Gays & Gays (PFOX) is a nonprofit organization providing outreach, education, and public awareness in support of families of homosexuals. PFOX also promotes an inclusive environment for the ex-gay community, and works to eliminate negative perceptions and discrimination against former homosexuals.

Ex-gays prove that those with unwanted same-sex attractions can seek help and information in overcoming their feelings. All individuals deserve the right to self-determination and happiness based on their own needs, and not the needs of others. PFOX supports tolerance for everyone regardless of sexual orientation.

PFOX can provide: support groups for parents, resources, ex-gay speakers for your school or club, information on starting school clubs, exhibits, books for your school library, and teen brochures & tolerance posters that can be downloaded from our website at www.pfox.org

Who are ex-gays?

Each year, thousands of people with unwanted same-sex attractions make the personal decision to leave a gay identity through non-judgmental environments. Their decision is one only they can make. But there are others in society who refuse to respect individual self-determination. Consequently, formerly gay men and women are hated simply because they dare to exist. Ex-gays and their supporters should not have to be closeted for fear of other's disapproval. Ex-gays do not think something is wrong with them because they decided to fulfill their heterosexual potential. They should not be condemned for the personal decision they have made for their lives.

But aren't some people born "gay"?

There are no replicated scientific studies to support that people can be born "gay" or that homosexuality is innate. There is no medical test for a "gay gene." There is no scientific or DNA test to determine if a person is homosexual. Sexual orientation is a matter of self-affirmation and public declaration. No medical association has banned therapy to overcome unwanted same-sex attractions and members must support their client's right to self-determination. No medical association approves of intolerance against former homosexuals.

Do I have to dislike ex-gays if I have gay friends or family?

No! You can have friends who are gay and other friends who are ex-gay. Befriending the ex-gay community does not mean that you are being disloyal to the gay people you know and love. Some in society reject ex-gays and homosexuals who do not embrace same-sex conduct. This rejection is a form of heterophobia that can be overcome with education and outreach. Individuals who pursue alternatives to homosexuality should not be objects of discrimination or ridicule.